2024 MBMS Track and Field Info. Meeting

Welcome and introductory remarks: Coach Rudell, Coach Schirmer, Coach Maxey

Philosophy: Sport of Track and Field

Communication: complete the google form and make sure all the information is correct. We will make decisions each day by 2pm based on weather. **Please sign up from remind101 by texting @mbtrack to 81010.**

• Schedule:

o Try-outs:

GIRLS: Monday-Tuesday Feb.5-6th until 5:30 BOYS: Wednesday-Thursday Feb.7-8th until 5:30

Meets: See Attached Schedule

- <u>Track and other commitments</u> (baseball, soccer, football workouts, etc.)
 We are happy to work around conflicts we know about in advance. Please let us know conflicts with meets ASAP.
- North Oconee Practices: Athletes may ride first load buses, NO MORE THAN 8 STUDENTS PER BUS. PLEASE have arrangements to pick up athletes on time!
- <u>Physicals</u>: please make sure completed and on file through dragonfly ASAP!! Must be turned in BEFORE try-outs.
- <u>Personal gear:</u> After the team is selected we will have a team store where you go online and order. *Jersey and Shirt are required. Everything else is optional.*
- **Shoes:** we suggest spikes not be purchased until after time and field event trials... that way your athlete will have a better idea of his or her events.
- <u>Fees:</u> There is a \$50 player fee that will cover the costs of the timing company and equipment. (Shot, discus, batons,etc.)The player fee is paid on the parent portal. Please make sure you have water and snacks for each practice and meet. Snacks and drinks will NOT be provided.
- <u>Tryouts/Times/Meets</u>: Events are not guaranteed. Events will be based on time, effort and ability. It will be our goal to provide each athlete an event at the meets but we cannot promise certain events. Athletes will have a chance to improve and compete in practice to earn more participation in events.